

FRESH AIR AND HEALTH

Mental work calls an unusual supply of blood to the brain; the process of digestion calls the blood to the stomach. Brain work immediately after a hearty meal often causes indigestion because the brain has first call on a supply of blood that should be helping the stomach.

Wherever, in the economy of the body, work is to be done there is a demand for bright, red blood. Thin blood or blood dark with impurities will not do because it is the oxygen carried by the blood that does the work and oxygen-bearing blood is bright and red. This life-sustaining oxygen is taken up by the blood from the air which it meets in the lungs. Hence the great need of fresh air every hour of the day and night. But fresh air is useless if the blood cannot take up the oxygen which it gives. Dr. Williams' Pink Pills enable the blood to take up more oxygen because they increase the part of the blood that carries the oxygen. This corrects the lassitude, palpitation of the heart, shaky nerves and the pallor that are the results of thin, impure blood.

You must have pure, rich blood to enjoy complete health. A booklet "Building Up the Blood" will be sent free on request by the Dr. Williams Medicine Co., Schenectady, N. Y. All druggists sell Dr. Williams' Pink Pills.

CHILD BROKE OUT ALL OVER BODY

When Two Weeks Old. First Pimples, Then Rash. Began to Break Out on Face. Suffered Terribly. Cuticura Soap and Ointment Cured.

Ed Elm St., St. Albans, Vt.—"My baby girl was only two weeks old when she began to break out all over her body first with pimples, then they would spread into a rash which would take the skin all off. I used home treatment but she steadily grew worse. By that time her body was completely covered with sores, even to her feet, and it was beginning to break out on her face. She became nothing but a raw sore all over her little body and suffered terribly.

"So in despair I wrote for a sample of Cuticura Soap and Ointment and from the first it began to get better rapidly. I then bought but one cake of Cuticura Soap and one box of Cuticura Ointment. In a few days I noted a great change for the better and in a month's time she was completely cured." (Signed) Mrs. W. B. Owen, Nov. 5, 1912.

Not only are Cuticura Soap and Ointment most valuable in the treatment of eczema and other distressing eruptions of skin and scalp, but no other emollients do so much for pimples, blackheads, red, rough skin, itching, scaly scalp, dandruff, dry, thin and falling hair, chapped hands and chapped lips, nor do it so economically. Sold by druggists and dealers throughout the world. Liberal sample of each mailed free, with 23-p. skin book. Address post-card "Cuticura, Dept. T, Boston."

Men who shave and shampoo with Cuticura Soap will find it best for skin and scalp.

CORONER BEGINS THE CROSS CASE

Dead Woman's Physician One of Witnesses in Effort to Clear Up the Mystery.

Bridgeport, Conn., Jan. 30.—An investigation was begun by Coroner John J. Phelan yesterday of the death of Mrs. Hannah A. Cross at her home here last November under conditions which it is now alleged were suspicious.

Mrs. Cross, who was the widow of a New York jeweler, came here from Montclair, N. J., a few months before her death. It has been alleged that death was due to an overdose of an opiate.

Witnesses summoned by the coroner yesterday included Dr. H. W. Fleish, who attended her during her illness.

The coroner was unable to say whether Frank M. Garland, the man who had Mrs. Cross' power of attorney and was named in her will, but was later displaced by the probate court, would be questioned in the course of his inquiry. At present, the coroner said, he had no knowledge of Garland's whereabouts.

The investigation is as yet in an indefinite state, he said, and is planned along certain general lines. What it may be expected to develop he did not care to say.

Counsel in the case was equally reticent, and while it is admitted that about \$30,000 of the Cross estate is unaccounted for, it is not charged, it is said, that this amount has been misappropriated.

NO RELIGIOUS SIGNIFICANCE.

Say Chinese President Worships Confucius for Effect.

New York, Jan. 30.—Political, rather than religious, is the significance attached by missionary society officers to the action of the Chinese consul describing the worship of heaven and Confucius by the president of the new republic. No alarm is felt for the prosperity of the missions.

Resign After Bribe Charge.

Quebec, Can., Jan. 30.—J. O. Mousseau, Archibald Bergevin and L. P. Berard, members of the legislature, have resigned. Charges were made against them in the Montreal Mail that they accepted bribes to pass a decoy bill drawn up by detectives.

RURAL CREDITS IN THE HOUSE

Federal Commission's Report Made Public Yesterday

FOR FARMERS' USE ONLY

A Bureau of Farm Land Banks Is Proposed

Washington, Jan. 30.—Administration rural credit bills were introduced simultaneously in the Senate and House yesterday by Senator Fletcher of Florida and Representative Moses of Indiana, members of the commission President Wilson sent abroad last summer to study foreign systems. The bills yesterday were for long term farm loans. Bills for short term loans will be introduced later. The introduction was a sequel to Wednesday's conference at the White House. Yesterday's measure would establish in the treasury department a bureau of farm and banks under the direction of a commissioner and make provision for the formation of such banks in any state under federal inspection.

Any group of farmers within a state might organize co-operative farm land banks with power to issue bonds to raise funds from distant money markets for farm development. Operations of the individual banks would be confined within state lines, though supervision will be federal, owing to the variety of state laws bearing upon land titles, taxation, foreclosure and like subjects. They would be strictly prohibited from doing "a city business."

Loans to farmers might not exceed fifty per cent. of the value of improved land, nor extend more than thirty-five years. No institution could begin business without a foundation capital and double liability provided for national banks. The amount of long term business which might be undertaken by any of the proposed banks could not exceed fifteen times the amount of paid-up share capital and surplus. They might accept and pay interest on deposits not exceeding fifty per cent. of capital and surplus, and receive deposits of postal saving funds to the same extent. The report submitted with the bill was drafted by Senator Fletcher, chairman; Senator Gore, Representative Moses, Dr. John Lee Coulter of Minnesota, representative the census bureau, and other members of the rural credit commission.

NO VIOLATION OF LAW, HE SAYS

Prosecutor Alexander Refuses to Place the New York Grand Cases Before the Grand Jury.

Albany, Jan. 30.—The expected open breach between Commissioner Osborne, conducting the graft investigations, and Harold Alexander, district attorney of Albany county, came yesterday.

It was occasioned by the refusal of Alexander to present to the grand jury testimony taken by Osborne involving members of the former state highway commission.

After the jury was dismissed, Alexander in a statement said the commissioner had violated no law. Osborne said he would appeal to Governor Glynn for the appointment of a special attorney general to handle the cases.

PRESIDENT OUTLINES COURSE.

Reiterates That No Crisis Is at Hand in the Mexican Situation.

Washington, Jan. 30.—The president yesterday outlined the status of the problem of diplomacy. He reiterated that no crisis is at hand unless the Mexican situation could be construed as a perpetual crisis.

He has not made up his mind to lift the embargo on arms to the Mexican rebels.

He pronounced false the report that Japanese are supplying arms to Huerta. As to Japanese relations it became known yesterday that the two governments are discussing various proposals to cement the friendly relations. The Japanese ambassador had a long conference with Bryan yesterday.

Cuarelli Used Gun.

Providence, R. I., Jan. 30.—Michael Cuarelli shot dangerously wounded himself yesterday, after wounding, though not seriously, Albert Booth, overseer at the Steere Worst mill. The shooting occurred after Cuarelli had been told that he could not return to work at the mill.

Swim for Life in Hub Subway.

Boston, Jan. 30.—Laborers in the Summer street subway pit were forced to swim for their lives when a water main burst yesterday. All escaped.

Owes Her Life to This Lung Medicine

The manufacturers of Eekman's Alternative, a medicine for Throat and Lung Affections, regret that all sufferers of these serious troubles do not take the trouble to investigate for themselves what this medicine has accomplished during the past fifteen years in a number of cases. Read this:

"Gentlemen: About September 19, 1908, my mother-in-law was taken sick with Catarrhal Pneumonia, which developed into Lung Trouble. In January, when Rev. Wm. Borg of St. Michael's Church, at Schenectady, Ind., prepared her for death, he recommended that I get Eekman's Alternative, and see if it would not give her some relief. The attending physician declared she had Lung Trouble and was beyond all medical aid. So I immediately had Rev. Wm. Borg to send for a bottle. Practically without hope for recovery, I insisted that she try the Alternative, which she did. I am glad to say that she soon began to improve. Now, she works as hard as ever, weighs twenty pounds heavier than she ever did before she took sick, and is in good health." (Abbreviated; more on request.)

Eekman's Alternative has been proven by many years' test to be most efficacious for severe Throat and Lung Affections, Bronchitis, Pneumonia, Asthma, Stomachic and in upholding the system. Contains no narcotics, poisons or habit-forming drugs. Ask for booklet telling of recoveries and write to Eekman Laboratory, Philadelphia, Pa., for evidence. For sale by all leading druggists.

A HINT FROM TOKIO

Discriminatory Legislation Menaces Friendship

ASSURANCE AGAINST THIS DESIRED

Japan Is Earnestly Wooing the Latin-Americans

Tokio, Jan. 30.—Hopes were expressed in official circles here yesterday that a basis of understanding on the California alien land ownership question will be found soon by the United States and Japanese governments. The chief concern here at present seems to be in regard to future legislation in America, and it is said any additional enactments unfavorable to the Japanese would be considered a serious menace to the traditional friendship of the two countries. The government at Washington has endeavored to assure Japan that the state of California would cease the enactment of laws held by Japan to be discriminatory. This is admitted here, but it is pointed out that, owing to the political distinction between the federal and state governments, there might be some difficulty in obtaining convincing assurances for the future.

INTEREST IN OUR AFFAIRS.

Is Said to Be Shown in a Marked Degree in Great Britain.

London, Jan. 30.—The relations of the United States and Great Britain in regard to the Panama canal tolls, the controversy between Washington and Tokio over the California alien land ownership legislation and President Wilson's policy toward Mexico are the subjects of lengthy dispatches from British correspondents in Washington, but there is a singular lack of editorial comment on these questions.

The Pall Mall Gazette is the only newspaper to mention the subject.

It says President Wilson has laid himself open to a charge of having chalked up "no Huerta and then run away" and it concludes: "It is a position that becomes worse for the prestige of the Washington government every day on which nothing happens."

Financiers here interested in Mexico are becoming impatient at the lack of action shown by President Wilson. A meeting of the Mexican section of the London chamber of commerce is to be called shortly to discuss the replies to a circular recently sent out to its members asking them for their views as to whether it would be advisable for Great Britain to join with France and Germany in asking President Wilson to take some steps to adjust the financial position of Mexico.

The summons sent to Sir Lionel Corden, British minister to Mexico, to come to London for a conference, has created no surprise here, as it was announced on Jan. 5 that this would be the first step toward his transfer to Brazil. The six months for which he was appointed to Mexico will expire the middle of February.

Thomas B. Poplar, as first secretary of legation in Mexico, will, it is pointed out, naturally act as charge d'affaires until the successor of Sir Lionel Corden is definitely appointed, which will be after his transfer to Rio de Janeiro. Charles Murray Maring, now counselor of embassy at Constantinople, is still the only diplomat in view for the appointment, although it is understood that for personal reasons he is disinclined to go to Mexico.

CALLS GAFFNEY FOUR-FLUSHER.

"Couldn't Deliver Me," Says Superintendent of Public Works Peck.

New York, Jan. 30.—Five members of the state canal board, "which refused to grant a contract to James Stewart after he had declined to yield to an alleged effort by James Gaffney to exact political contributions, testified before the grand jury yesterday.

Each denied he understood that any influence was brought to bear upon them out to accept Stewart's bid. Superintendent of Public Works Peck, in a statement, said that "if Gaffney thought he could deliver me he was a four-flusher. I never saw him but once," he said.

Shows Decrease in Expenses.

New York, Jan. 30.—The executive committee of the New Haven railroad at a meeting yesterday decided not to vote the four directors' salaries toward the Boston & Maine situation is cleared up. The operating expenses of the system show a decrease.

FOLK BACKS NEW MOVE

Has Plan to Teach "Progressive Policies" to the Young

"COUNSEL CLUB" PROPOSED SYSTEM

Schoolhouses to Be Utilized as Social Centers

Washington, Jan. 30.—The possibilities of a new political movement being engineered in Washington, largely under the direction of Joseph W. Folk, solicitor of the state department, were commented on yesterday with the announcement made at a luncheon of the Common Counsel club, that branch common counsel clubs are to be organized in every school district in the United States for the discussion of progressive policies.

The Common Counsel club is an organization of cabinet officers, their assistants and members of the House and Senate, of which former Gov. Folk is president. The Missourian was the leader in the organization of the club and has been largely responsible for its programme up to this time.

In announcing the plan for the proposed extension of the influence of the Common Counsel club, Mr. Folk said yesterday:

"The plan contemplates weekly or bi-weekly lessons being sent to each Common Counsel club from the parent organization in Washington, somewhat along the lines of the International Sunday School association. We have decided to establish a Common Counsel club in every school district in the United States, with the schoolhouses as social centers. We shall employ a professional organizer, who will devote his whole time to the work. About 500 applications have already been received to form local Common Counsel clubs."

The club has had for its topic in the recent bi-weekly meetings the question of presidential primaries. Mr. Folk announced that the club's committee appointed to draft a bill had completed its work, which will be taken up with members of the House. The subject was discussed at the meeting yesterday. Among the speakers were Secretary of State Bryan, Louis D. Brandeis of Boston and Assistant Secretary of the Navy Roosevelt.

The committee entrusted with the work for the organization of the branch clubs consists of Solicitor Folk, chairman; George E. Davies, commissioner of corporations; Louis E. Post, assistant secretary of labor; William J. Harris, director of the census; Samuel H. Thompson, jr., assistant attorney general; Samuel W. Graham and Frank P. Walsh, chairman of the congressional commission on industrial relations.

When asked how the propaganda contemplated by the Common Counsel club, all of whose members are Democrats, will be received in districts where there are many Republicans, Gov. Folk replied:

"It is hard to find any one nowadays who is not a Wilson and Bryan Democrat. At any rate almost every one is progressive."

The general impression in Washington is that the club at the proper time will be used as a medium for urging the renomination of President Wilson.

REBELS MARCH ON CAPITAL.

Members of the Haitian Cabinet Flee to Refuge.

Port Au Prince, Haiti, Jan. 30.—The revolutionary forces began a march yesterday on the capital, Senator Theodore, in command, is proceeding from Cape Haitien.

The members of the cabinet are following the example of President Oreste and have fled on ships.

EVIDENCE AGAINST TRUST.

Department of Justice to Sue Smelting Interests.

Washington, Jan. 30.—After months of quiet investigation the department of justice has concluded it has sufficient grounds for a suit to dissolve under the Sherman anti-trust law the American Smelting & Refining Co. It is probable a suit will be filed.

PINKLETS

To Clear the Complexion.

One result of constipation is to disfigure the complexion with pimples and blotches. This is because poisons which should have been expelled from the body are retained. Cosmetics and ointments will not avail to clear such a complexion. The poisons which cause the disfigurement must be removed as nature intended. To do this a laxative that will gently assist nature, but which will cause no reacting constipation to aggravate the trouble, is needed.

Pinklets, the dainty new laxative, quickly clear away all offending matter without the least griping or discomfort. So simple is their composition that they can be taken with any other medicine that is not in itself a laxative. In every household such a simple, safe medicine is needed. Pinklets are tiny, sugar-coated granules, easy to take. Your own druggist can supply you. Sold in 25-cent bottles only.

Pinklets are a corrective for bad breath, will clear the complexion, and are recommended for torpid liver, biliousness, headache, constipation and whenever a gentle laxative is required. Write to the Dr. Williams Medicine Co., Schenectady, N. Y., for Pinklet book. It is free.

When you need Mustard, Spices or Flavoring Extracts, say to your grocer.

"Stickney & Poor's"

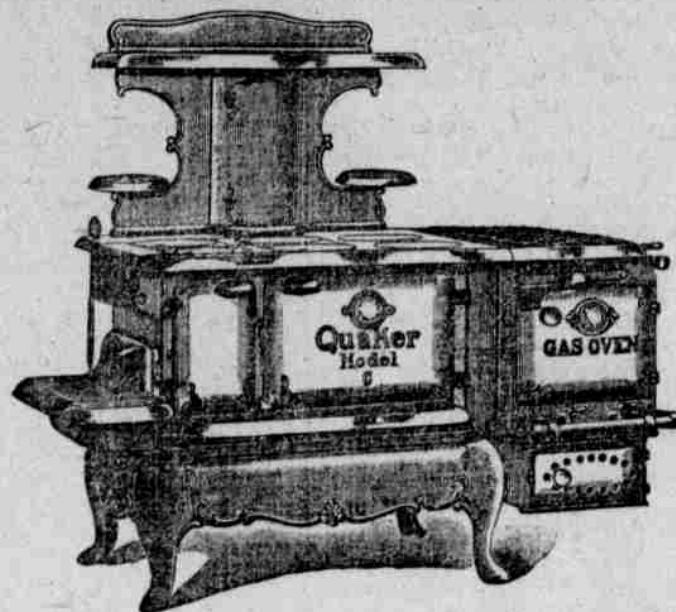
Quaker RANGES

YOU! See This New Gas Range

easily attached to several Quaker models, taking up no more room than the regular end shelf. This makes the ideal combination range for all the year around—nearly doubling the oven capacity—and insuring quick service when needed

The new Gas oven is all cast iron even to the oven bottom, and is fitted with the Gravy Patent Lighter that makes explosions in the oven impossible. The convenient gas broiler is entirely separate so that one may broil and bake at the same time; all the gas burners are of the Standard U. G. I. Pattern and are easily adjustable to different pressures and local conditions.

We would be pleased to show you other exclusive features of both the gas and coal Quaker Ranges if you will call at our store.



THE C. W. AVERILL COMPANY
Barre, Vermont

FAITH CAME AT LAST.

Senator Cullom Believed in Immortality at the End.

Washington, Jan. 30.—After a brief funeral service at his home here yesterday, the body of former Senator Shelby M. Cullom was started for Springfield, Ill.

Dr. Charles Wood, a Presbyterian clergyman, and a close friend of the former senator, was telling yesterday how Mr. Cullom had changed his belief in eternity after writing his memoirs. The former senator concluded that work with an expression of doubt that he had found anything in his reading of the scriptures to warrant belief in a hereafter.

"In the last few months his feelings changed completely," said Dr. Wood. "He told me he believed in God and Christ and immortality and added, 'I want to make at the first opportunity a statement of my simple creed, to be inserted after the last chapter of my recollections, to correct the doubt expressed on a dark day, when the light was dim.'"

FOR CHILDREN'S ECZEMA

Mary E. Bailey, a trained nurse of Brooks, Maine, says: "Obstinate cases of children's eczema yield to Comfort Powder." The genuine bears the signature of E. S. Sykes on the box.—Advt.

Why the President Avoids Banquets.

The president's remarks to Senator Lodge when the latter appeared at the White House bearing an invitation to a banquet—"You know I do not dine out"—is disappointing, of course, to the Real Estate Exchange of this city, which hoped to entertain him; but the members should not forget that Mr. Wilson's rule in such matters is the rule of reason.

Others high in official life are not following it. When Speaker Clark, a keen observer of things gastronomical, refused to eat with the new owner of the Calvert mansion in Maryland the report was sent broadcast that the dedication was due to the anticipated presence of Sec. Bryan.

at the feast. As a matter of fact, the speaker stayed away because he had in mind the saying of the late Librarian Spofford that many statesmen dig their graves with their teeth.

Vice President Sherman was in great demand for formal dinners. He died before his term expired and Washington was not surprised.

Acute indigestion killed Dolliver, the brilliant and accomplished Senator from Iowa.

Our cooking is good, and the present chief executive of the nation could doubtless partake of one meal in the hub without harm; but if let down the bars and came here he would have to go elsewhere in response to hundreds of urgent requests.—Boston Globe.

No Better Butter Made

than our Gold Leaf Brand, price 38c. Saturday with every pound sold we will give free one Buttermilk Cheese or one Cottage Cheese.

Strictly Fresh Eggs, 38c; Fancy, 40c. Try our 38c Critics Coffee. Ice Cream all the time.

Dairy L. B. Dodge Creamery

We Cut the Prices

We save you from 20 to 30 per cent. on all drug store needs. We buy in large quantities and give our patrons the benefit of our purchasing powers.

We Stand Between You and High Prices

	Regular	Our Price		Regular	Our Price
FELLOWS' SYR. HYPHOS.	1.50	1.05	SWAMP-ROOT	1.00	.69
HOOD'S SARSAPARILLA	1.00	.69	PAPE'S COLD COMPOUND	.25	.19
ATWOOD'S BITTERS	.25	.17	CUTICURA SOAP	.25	.20
GLOBE PILLS	.25	.15	DIAPHRIN	.50	.35
CASTORIA	.25	.15	PARISIAN SAGE	1.00	.39
STRUP FIGS	.50	.39	KODOL	1.00	.69
FATHER JOHN'S	\$1.00	.71	SLOAN'S LINIMENT	.25	.19
FOLEY'S KIDNEY REM.	1.00	.65	HERPICIDE	1.00	.69
SHOUP'S RHEUMATIC	1.00	.69	SAL HEPATICA	.25	.21
DOAN'S PILLS	.50	.39	MUNARD'S LINIMENT	.25	.17
GARFIELD TEA	.25	.17	PINEX	.50	.39
NECHAM'S PILLS	.25	.17	D. D. D. REMEDY	1.00	.69
SCOTT'S EMULSION	1.00	.69	LIVER PILLS	.75	.50
MELLEN'S FOOD	.75	.59	100 CASCARA TABLETS, 5 gr.	.25	.19
HOLLICK'S MALTED MILK	1.00	.75	3 OUNCES CASCARA LIQUID	.25	.19
MILK SUGAR, MERCK'S	5 for \$1.00	.69	100 BLAUD'S IRON PILLS	.25	.19
PERUNA	\$1.00	.69	BAY RUM BOTTLE	.35	.25
TUTTLE'S ELIXIR	.50	.39	WITCH HAZEL PINT	.25	.17
WILLIAMS' PINK PILLS	.50	.39	WOOD ALCOHOL, PINT	.20	.15
LYDIA PINKAM'S	\$1.00	\$0.71	HARTSHORN'S COUGH SYRUP	.25	.19
AYERS' PILLS	.25	.19	SEIDLITZ POWDERS	.25	.19
DANDERINE	.50	.41	SCHENCK'S PILLS	.25	.19
MUNYON'S PAW PAW	1.00	.65	GETTS' IT	.25	.19
LISTERINE	.25	.19	EFF. SODIUM PHOSPHATE	1.00	.85

Our motto—Safety, Quality and Cut Prices.

Saturday Candy Specials

150 pounds Peanut Caramels, per pound, 21c
100 pounds Barr's Saturday Candy, 40c Chocolates for - - - - - 29c



Stationery Special

Pound Lord Baltimore Linen 25c
Box Lord Baltimore Envelops 25c
All for 37c

If you buy it at the Rexall Store the price will surely be the lowest possible.

At RUSSELL'S---The Red Cross Pharmacy

AFTER SICKNESS OR OPERATION

It is a pathetic mistake to accept drugs or alcoholic mixtures when nature craves nourishment to repair the wasted body and restore the vigor of health.

For forty years the best physicians have relied on the wholesome predigested nourishment in SCOTT'S EMULSION which is totally free from alcohol or opiates.

Scott's Emulsion sharpens the appetite—renews blood—nourishes nerves—strengthens bones and restores the courage of health to make life bright.

Scott's Emulsion sets in action the very forces that promote health. Its purity, richness and strength has stood the test of forty years.

